

LYNDON STUDENT FOOD PANTRY NEEDS

Please note all items must be new and in original packaging. We will not accept clothing items at this time.

PROTEIN

- Cans of Tuna
- Cans of Chicken
- Canned Stew
- Canned Chili
- Hash
- Pork and Beans
- Soups
- Spaghetti Sauce
- Kidney Beans
- Peanut Butter

CANNED VEGETABLES

- Beans
- Carrots
- Peas
- Tomatoes
- Corn
- Instant Potatoes

FRUITS

- Canned Fruits
- Fruit Cups
- Dried Fruits
- Jelly
- Raisins
- Juice Boxes

STARCHES

- Rice
- Pasta
- Macaroni and Cheese
- Crackers
- Cans of Ravioli/SpaghettiO's
- Hamburger Helper
- Boxed Meals

BREAKFAST

- Boxes of Cereal
- Instant Oatmeal (individual packets)
- Cereal Bars
- Pancake Mix
- Syrup
- Pop Tarts

ON THE GO/SNACKS

- Tortilla Chips
- Salsa
- Pringles
- Cookies
- Granola Bars
- Microwave Popcorn
- Easy Mac
- Ramen noodles
- Microwaveable Non-Frozen Meals

BASIC NECESSITIES

- Soap/body wash
- Shampoo
- Conditioner
- Toothpaste
- Toothbrushes
- Lotion
- Deodorant
- Feminine hygiene products
- Laundry detergent (pods work best for distribution)
- Dryer Sheets
- Bath towels/hand towels/wash cloths
- Twin XL sheet sets
- Throw blankets